

#### ABSTRACT

A therapy apparatus includes a container having an interior volume and having an opening providing access to the interior volume and massaging elements freely located in the interior volume of the container. Each massaging element has a generally spherical exterior and has multiple protrusions projecting from its generally spherical exterior. A patient's hand may be inserted into the container through the opening and be moved among the massaging elements to be stimulated by massaging elements contacting the fingers and both the front and the back of the hand.